

Important info from the High School Activity/Athletic Department



**Want to participate in an AHS sport for the
2024-2025 season?**

Please ensure you come to a co-curricular meeting!

Freshman Athletes and New Student Athletes are required to attend one Co-Curricular Code Meeting with a parent their first year at AHS. These meetings are held in the old Auditorium at the high school. Next meeting dates

Monday May 20th, 2024 6:30pm

Monday August 12th, 2024 6:30pm

2024 FALL SPORTS - First Practice Dates & Coach Emails:

FOOTBALL: Tues. August 6th - Coach Brian Ryczkowski: bryczkowski@ashwaubenonk12.org

GIRLS GOLF: Mon. August 12th - Coach Kevin Penza: kpenza@ashwaubenonk12.org

GIRLS TENNIS: Tues. August 13th - Coach Raelynn Wingert: rwingert9@gmail.com

GIRLS SWIM: Tues. August 13th - Coach Kari Kleczka: kkleczka@ashwaubenonk12.org

CROSS COUNTRY: Mon. August 19th - Coach Cal Kromm: cjkromm@gmail.com

BOYS SOCCER: Mon. August 19th - Coach Zach Jakel: zjakel@ashwaubenonk12.org

VOLLEYBALL: Mon. August 19th - Coach Brooke Kriescher: bkriescher@ashwaubenonk12.org